

April to
June
2022

Penistone Area Council Performance Report



Barnsley – the place
of possibilities.



Penistone Area Council
Penistone East, Penistone West

Area Council Priorities

Health and Wellbeing
Supporting Young People
Local Economy + tourism
Helping People connect
Our Environment

Sustainable

Growing

Healthy

Learning

These services address the priorities and deliver the outcomes and social value objectives for the Penistone Area Council.

Priority	Service	Contract /Grant	Contract end date	Provider	2030
	Clean, Green and Tidy	£100,000 per annum	Funded until end of March 2023	Twiggs	
	Supporting Vulnerable and Isolated Older people	£70,000 per annum	Funded until June 2024	Age UK Barnsley	
	Debt advice service	£ 8,191	Funded until March 2023	Citizens Advice Barnsley	
	Information and Advice service	£10,136 per annum	Funded until January 2023	DIAL	
	Working Together Grant Supporting Young People	£40,000	August 2023	Various	
	Principal Towns	No cost to PAC	Ongoing	BMBC	

	Outcome indicator	Q1 Apr-June 2022	year 2021/22	Year 2020/21	To date
	Clean & tidy activities which involve businesses	27	58	14	233
	Young people making a positive contribution to the design/ maintenance of their local environment	0	76	2	647
	People who feel they have the opportunity to influence the design and maintenance of their local environment	55	299	22	673
	Apprentice and placements created and recruited to	1	2	1	6
	People taking up work experience placements	0	1	0	32
	Young People engaged in volunteering	4	95	13	773
	Activities which involve young people under the age of 18	46	156	2	432
	Community groups supported	23	56	86	676
	New community groups supported	2	3	3	62
	Community car scheme journeys	71	126	4	1051
	Adult volunteers engaged	307	680	138	3530
	New volunteers	67	123	40	1005
	Residents and young people receiving advice and support	368	571	761	2727
	Residents referred to health and advice	2	67	76	162
	FTE jobs created and recruited to	0	2	3	24.5
	Local spend (average across all contracts)	95%	95%	95%	95.4%
	Volunteer hours contributed (£ value)	£17,648	£48,765.60	£13,668.52	£365,138.09
	Volunteer opportunities created	76	509	150	2052
	People achieving a qualification / accreditation	0	5	0	157
	People receiving training	48	103	52	1164

Clean, Green and Tidy Service

Twiggs



236 volunteers supported

542 volunteer hours supported

45 rubbish bags filled

22 local business worked with

This contract provides a service to help maintain a clean, green and tidy environment in the wards of Penistone East and Penistone West. The emphasis is to work with the community; incorporating volunteers, local businesses, parish councils and local schools to empower and enable a sustainable approach. With no pandemic restrictions in the quarter for the first time in two years, the contract has worked in a more 'normal way' supporting for community groups and parish maintained areas. This along the Great British Spring Clean at the very start of the quarter and good weather has seen activities well supported with higher volunteer numbers 24% more volunteers than 2021/22 Q1 and 36% more volunteers hours.

Highlights

12 (Target 10) Groups and parishes supported. This has included both Twiggs led initiatives and demand from groups who are now becoming more active.

Groups worked with this quarter included: Team Green Moor, HB+ Hoylandswaine Village hall, Millhouse green community association Royd Community Gardens, Springvale Community Gardens , TPEG, Age Uk Men In Sheds, Silkstone Heritage group, Hoylandswaine church, Saundersons Gardens, Cawthorne PC, and new links forged with Penistone W.I and Silkstone





- 13 individual projects (target 5) – Twiggs working independently either self initiated or requested. Included path clearance, hedge trimming, bench recovery, moss clearance at various sites across the area.
- 18 Twiggs led social action initiatives – Activities identified by Twiggs but including volunteer input. This quarter included: Hood Green Planted 250 whips, brook clearance in Silkstone Common, work on the Tank Ramp, Hood Green Pavilion site tidy (to support Jubilee celebrations), Sprout House lane Wortley, Incredible Edible bed Windermere Road, High Hoyland reinstating footpaths, Bridge End Wells Penistone
- 27 (target10) activities working with businesses this quarter. This has included working directly with companies who have offered volunteer support to projects such as ASOS working with Royd community gardens and McDonalds working with TPEG. Individual businesses have continued to provide refreshments to volunteers such as Co-op and the response to the High Street clean up has been hugely popular engaging with 17 businesses 4 or whom supported this for the first time this quarter. A further clean up is planned for the next quarter.

- Activity with schools has not been carried out this quarter as schools were not able to get involved but further work is planned for the summer including holiday activities where possible.
- New links have been made this quarter with Penistone W.I , Silkstone Care Group with a number of activities planned with this group in the future. Links have also been renewed with Stainborough PC with further work planned in the next quarter.
- Regular activities continue to be promoted through social media such as Springvale Gardens and the tank ramp, and other one off activities are promoted along side these.
- Independent volunteering is continues to be supported through the tool bank scheme with 250 Sacks Delivered. Volunteers have been advised to use the BMBC sack collection form to avoid work duplication. The support is going well.
- The Twiggs team has experienced further staffing changes this period but remains with a team leader and apprentice



Supporting Vulnerable and Isolated Older people Grants

Age UK Barnsley



453 interventions

33 people helped

43 volunteers worked with

£14,414.40 estimated gains in benefits

**note figures do not run the full quarter due to end of contract*

LOT 1: Social Action and Volunteering

Supporting people one to one through volunteer be-friending, providing specific information and advice for older people, assisting with travel through the community car scheme, and connecting people through small scale activities such as walking for health. This is the last report for this contract covering the last 2 months April to end of May 2022.

Highlights

- There have been 4 new referrals between 1st April 2022 and 31st May 2022 these have come from the social prescribing service, social services and other medical professionals. 3 have become permanent service users and will be matched with a volunteer befriender. 1 wanted details of groups they could join in their local
- Volunteers 19 actively providing 1-2-1 befriending 4 Micro volunteers – these can be called upon as and when required 1 Group volunteer – to be utilised for help with groups only 2 community car drivers
- 22 service users currently receive regular 1-2-1 befriending support from a volunteer. 3 require occasional contact just to keep in touch - this is done by volunteers and the SIO. 4 just want to take part in activities/events. 4 are awaiting a suitable volunteer match and currently receiving 1-2-1 support from the SIO until a suitable match has been made.

Number of existing service users 1:1	40
Number of new service users 1:1	4
Number I&A Service Users	9
Community Car Journeys	71
Number Volunteers <i>Existing , active volunteers</i>	26
Number of new volunteers; <i>Includes befrienders/good neighbours/car drivers</i>	0

- 9 new clients for the information and advice worker (7.25 hrs per week) and also continued with follow up work from previous quarters with a further 1 client All enquiries have been dealt with via telephone or email initially. Blue badges continues to be a regular enquiry. Fuel poverty discussions take place with all benefit form completion and benefit check work. This is expected to increase.
- The community car scheme continues with 2 drivers and has managed 71 journeys in this two month period.
- Wellbeing and loneliness measures have started to be introduced again and although still small numbers more than 60% have indicated improvement in wellbeing and over 75% indicated they were less lonely.



Lot 2 – Community Activities

The focus of this is to provide group based activities with an emphasis on achieving health outcomes, activities to engage men, activities to promote intergenerational relationships and creating opportunities where there are none in outlying villages.

Highlights 23 new participants this quarter



Activities now all back up and running with additional support for mobility through BOPPA funded activity. Regular sessions available:

- ✓ Tea & Chat, Weavers Court Monthly Penistone
- ✓ Healthy Life Group Weekly Pilley (Tankersley Welfare Hall)
- ✓ Wortley Afternoon Social Weekly Wortley
- ✓ Tai Chi for over 50's Weekly Penistone
- ✓ U3A Various in Penistone area
- ✓ Happy Vibes Memory Café Fortnightly Penistone Leisure Centre
- ✓ Penistone Men in Sheds Twice weekly Penistone centre
- ✓ Singing group Last Tuesday of month St John's Church, Penistone
- ✓ Healthy Bones Weekly Thurgoland Village Hall
- ✓ Walk for Health Weekly Pot House Hamlet, Silkstone

Penistone Men in Sheds

The average attendance has been around 8 (minimum 4 and maximum 12) at each session. 21 members in total.

Summary of projects:

- around 30 pallets have been collected for recycling into mainly planters along with a donated amount of decking. Around a dozen planters have been made which have all gone to members of the community.
- 4 child bicycles were donated and work has begun to refurbish these and the intention is to pass them on to deserving recipients.
- Royd Community garden have requested the men to make a rustic notice board which is in progress.
- Shelves and a coat rack have been fitted in the St Andrews Church Hall using recycled materials.
- A meeting took place with Adam from Twiggs regarding renovation of the fencing and garden areas at Penistone IKIC which is across the road from the church. A number of areas have been identified where they can help and Twiggs would do any heavy lifting and digging. Currently awaiting Twiggs to arrange a date when it will be planned that IKIC staff and young people, Twiggs and MIS would work together on the renovation of the garden.

Lot 3- Creating and Managing Responsive Networks

The emphasis on this was to create a sustainable network of people and groups who support older and more vulnerable people in the Penistone area. The Supporting Older People in the Penistone Area (SOPPA) has been created to take this forward and will be re-invigorated as part of the future contract. Other work has instead been focussed on links to the wider work around creating Age Friendly Barnsley.

Age Friendly Penistone

- As part of the Take a Seat scheme, a site was identified at Cubley Hill in Penistone for a new bench to be installed. (others have followed working with the Ward Alliance, Twiggs and the area team)
- Age UK will continue to involve older people in Penistone in consultation with the service itself and about the direction of our Age Friendly Plan. For example, public transport is a major problem for older people and we represent their issues to BMBC and the South Yorkshire Mayor. We also involve older people in service design. We will take part in the annual Age Friendly Barnsley Festival that promotes healthy ageing and celebrates positive images of older people.



Future Planned activities

These have been identified in the new funding contract, Penistone Ageing Well Together. The main activities will be:

- Arrange a launch event for the new Penistone Ageing Well Together project.
- Volunteer recruitment event.
- Focus on hard-to-reach communities – deliver drop-in and pop-up events where appropriate. We will also carry out a community survey within the small villages to assess needs, liaising with the Area Team on their findings from the Community Listening events.
- Re-launch of the SOPPA group.
- Continued development of BOPPA (Barnsley Older People Physical Activity Alliance)
- Further development of Penistone Men in Sheds and a possible move to more suitable premises.
- Further development of the Community Car Scheme
- Ongoing provision of the Information and Advice Service
- Delivery of new MCST (Maintenance Cognitive Stimulation Therapy) to support older people living with dementia.
- Plan new events, groups and activities to meet any gap in provision.



Celebrating Dementia Action week at Happy Vibes Café

Barnsley Citizens Advice

58 people supported (25 target)

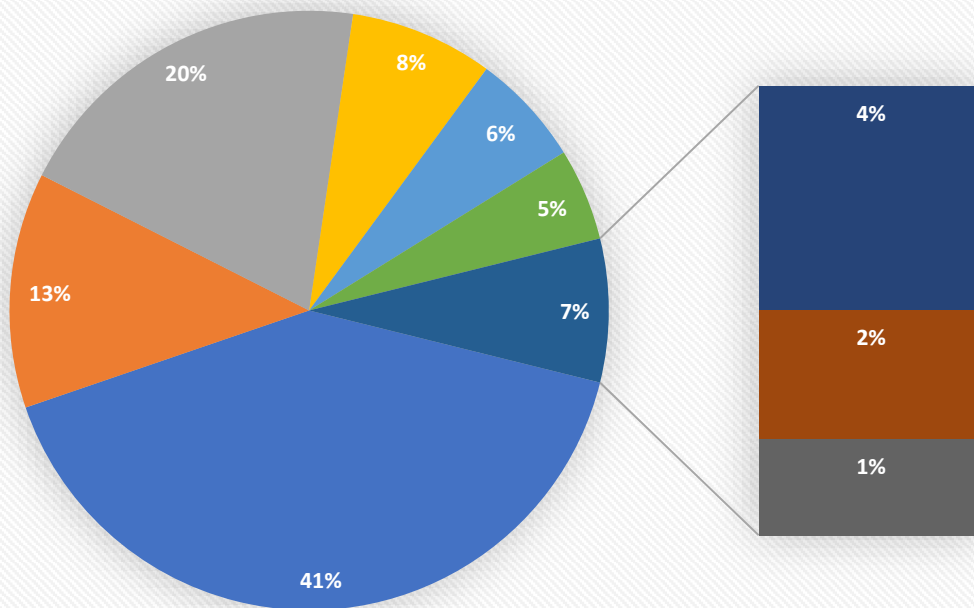
£394 of debt managed this quarter (£1.1m since project started in 2019)

£9,029 of benefits claimed (£211,991 since 2019)



The advice service has supported clients with a variety of different issues, but as in previous years, the most common are Benefits and Tax Credits, Debt, and Universal Credit. As well as improved financial outcomes the support provided by the advice service also helps to improve health and wellbeing, reduces client stress, and improve resilience by increasing the client's ability to cope through self-help.

Barnsley Citizens Advice 181 issues dealt with this quarter



The service for Penistone continues to be offered via telephone and digital although face to face work is returning in other areas. CAB will continue to monitor the situation as take up rates for Penistone have been much higher since the service offer is on-line and via telephone, there may be potential for a blended approach in the future months.

The number of clients seeking debt advice is still quite low however, it is expected that the number of clients seeking help and assistance through the Penistone Contract will increase now that restrictions are lifted and life is starting to return to normal.

Impacts of Cost of Living.

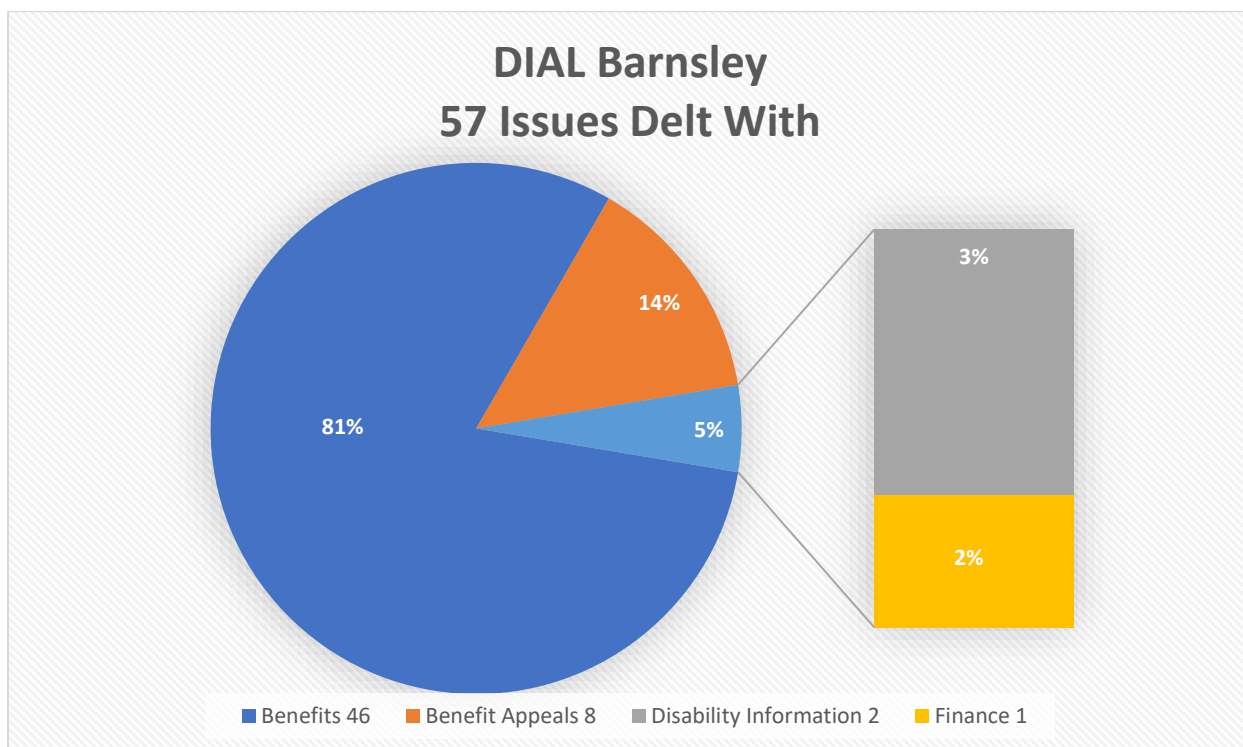
CAB are involved in a number of initiatives nationally, and locally they are now offering fuel vouches. Demand for these is increasing along with requests for help with energy costs. This will continue to be monitored for the next quarter. Money management is a key issue for people – those on benefits appear to be better equipped at this.

**DIAL
Barnsley**

57 enquires made
£73,807 benefits claims supported
50 hours of volunteer involvement
For every £1 invested in the project £42 returned to the area this quarter



DIAL help to reduce the financial exclusion of residents and work towards lowering anxiety. This is the second quarter for year two of the current contract which expires in January 2023.



During the last quarter, DIAL has resumed face to face support providing appointments at the Town Hall on Tuesday mornings. The telephone advice service continues to be available and service users are triaged in to appointments as appropriate. Numbers are significantly lower than last quarter (170 Q1 compared to 57 this quarter but still above target of 46). Safe and Well checks are now finished, which is likely to account for the drop and also last quarter winter warmth packs were distributed to clients. Although there is no safe and well check clients continue to be surveyed on completion of interventions with DIAL and 79% of residents reported feeling less anxious as a result of speaking to the advisor and 79% of residents reported feeling more able to deal with their own affairs.

The vast majority of benefit issues were in relation to Personal Independence Payments, with some attendance allowance and a slight increase in request for blue badges (4/57).

Volunteers continue to support providing 50 hours (60 hours last quarter). Most support with the telephone triage and support follow up from adviser work. DIAL are currently recruiting for volunteers to support with outreach. Volunteers where possible are trained to become advisers, there is currently a skills gap for qualified advisers.

Cost of Living impacts

DIAL have accessed additional funds for 12 months which provide 2 energy advisers supporting clients Borough wide. Issues around cost of living and fuel are picked up via the advice line and then triaged into the energy advisers. In July 8 home visits were carried out with Penistone residents under this process who were struggling with energy, one person had no electricity. Referrals mostly coming from the advice line although word of mouth is more common.

DIAL will start to monitor cost of living referrals and report these in on the next quarterly report.

Supporting Young People Grant Fund

This grant fund was set up in May 2021. All projects funded under this did not start to deliver until the end of June/beginning of July, with some starting as schools returned in September. Three projects (Penistone FM, Penistone Leisure and Girl Guiding Barnsley West)were funded for a shorter period and concluded at the end of Quarter 4 of the previous financial year. The following three projects have concluded at the end of this quarter. A new Grant Pot was established during this period and new projects will be starting during the quarter 2 period.

Ad Astra

22 sessions delivered this quarter
59 sessions in total
Group sessions developed into individual support



Ad Astra – providing mental wellbeing sessions to pre-16 pupils at Penistone Grammar. Started promoting it via leaflets during lunch times due to Covid restrictions in the school, and the project has had to adapt the proposed delivery models which has inevitably led to reduced outcomes from what was originally planned. However following discussions with the school the project has now become a key additional support mechanism for pupils who need space to work through mental wellbeing issues and the group work model has enabled young people to develop a degree of peer mentoring skills.

During this quarter (which was extended up to the end of term in July) pupils from Y7&8 were provided with weekly sessions from April up to Spring Bank , and from May onwards pupils from Y10 & 11.

Some additional support at a one to one level has been offered as part of this project offer, and Ad Astra has now got an established relationship with the school and is offering one to one support for Looked After Children (paid for separately by the school) to complement the project offer.

The project has reached out to 215 pupils despite the restrictions with a core group of between 10 – 15 young people seeking support on a weekly basis.

The project has supported young people with a variety of issues that are having an impact on their daily lives – food and body image – not being able to exercise – educational aspirations – college prospects – friendship groups – relationships – personal and family expectations.

The project has also supported a small group of young people who took it upon themselves to vertical mentor other young people from the Lunch time period – after they had successfully been supported they realised they could help other young people – this often meant they escorted a young person to the right member of staff in school so they could help them.

The young people who have been supported have openly discussed the issues that are impinging on their lives and through this project have been given the support, confidence and some coping mechanisms to help build their resilience to enable them to lead fuller more positive lives

Every young person who completed the school evaluation form the project used, reported an improvement in their well being.



**Penistone
Grammar
School**

Post 16 support
300 people accessing
sessions
19 sessions delivered

Penistone Grammar school – Mind for the Future provides mental wellbeing sessions with post-16 pupils from September to enhance educational achievement and prevent mental health impacts on later life chances.

Due to the impacts of the Covid pandemic this project has like many others been unable to delivery on the outcomes detailed on the project proposal. However the school managed to recruit one volunteer counsellor (from Leeds Beckett University) who has been coming into school and doing mindfulness/low mood sessions with Post 16 students (taking on 3 students a week, sometimes for a number of weeks). Also the pupil wellbeing assessment tool 'PASS' has been taken up by 300 students and has been really successful as students engaged really well with it and it has given an overview of mental health and wellbeing for both the cohort and for individual students. This enables the Post 16 team to analyse this and put in place –

- 1) Assemblies to address areas identified as a cohort.
- 2) Mentor sessions which focus on specific issues (in particular self-image and self-worth which came out low, in particular for Y13 girls).
- 3) One to one mentor sessions with the pastoral lead for students who are a concern.
- 4) Counselling for students who display significant low mood.

All pupils were assessed again at the end of the project and a number of significant outcomes have been achieved

Results of pass assessment

	Start	End
Self Esteem	20.75	16.75
Anxiety	14	11.75
Depression	10.75	5.37

Information and scoring from Feedback Questionnaire on wellbeing.

Start Average Score - 3.35 out of 10

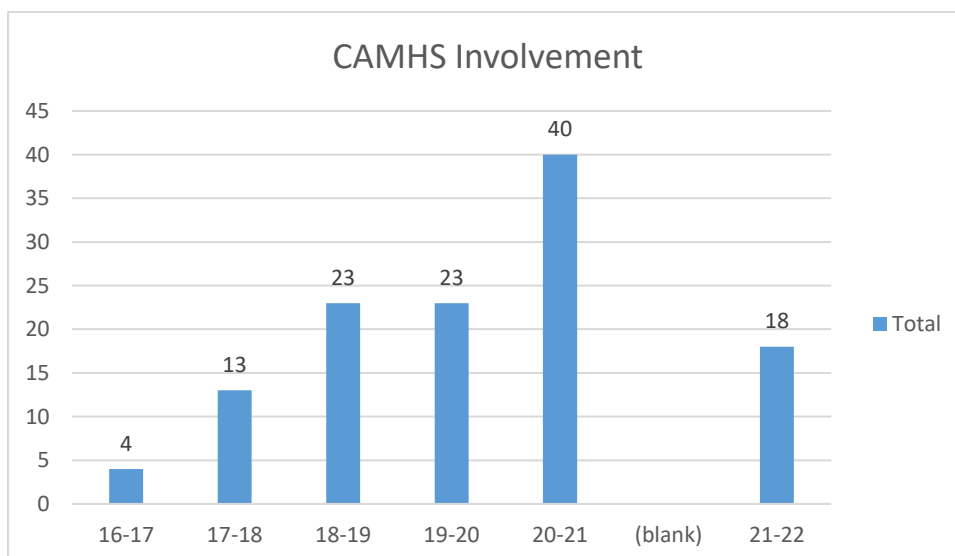
End Average Score - 7.74 out of 10

Improvement of 4.39

Outcomes from Counselling

	Start Score	End Score
Wellbeing	2.96	2.12
Problems/Symptoms	2.92	1.86
Functioning	2.16	1.45
Risk	0.74	0.60

The school has also indicated that funding for this project has helped to reduce the number of CAMHS referrals from 40 in 2020/21 to 18 in 2021/2022



Angel Voices

59 people attending

28 volunteers (538 volunteers hours)

5 workshops

20 people going on to formal training/qualifications



Angel Voices – community based singing workshops, culminating in community performance events to raise funds for charity . Due to unforeseen circumstance, the project, which was due to finish at the end of this quarter could not progress as planned so the additional months of delivery were added on from the end of June and this summary report covers this period from April to the end of August 2022.

The project has been extremely successful. The impact on the local community has been really noticeable, children have been learning about techniques that help their physical health and mental well-being that they have taken home to their families and friends.

People in shops have said how nice it is to see events in the community which has also allowed for publicity via word of mouth.

The project has continued to move the workshops around surrounding areas such as Millhouse Green and Cawthorne. Although plenty of schools and venues were contacted not all have been responsive to hosting events and workshops. As the project spilled over into the summer months , outdoor events have now also been added such as the event at Springvale Community gardens.



The workshops have had a significant impact on many of the young people taking part providing skills and confidence to young people experiencing a number of health issues such as autism, epilepsy, eating disorders and low self esteem and confidence. As an added bonus for the project, a number of young people have been taking up formal training in performance arts since first attending the workshops.

In spite of the set backs experienced outcomes have been really positive , with new young people taking up workshops at each quarter and the number of volunteers steadily increasing .

Final project outcomes

Activity/Intervention	Quarter 1 Jul-Sept		Quarter 2 Oct- Dec		Quarter 3 Jan-Mar		Quarter 4 Apr-June		Total Project target
	T	A	T	A	T	A	T	A	
No of young people attending workshops	10	28	15	31	20	20	25	59	25
No of new participants attending workshops	0	28	5	3	5	8	5	6	Same as above
No of volunteers	4	13	5	18	5	28	6	48	6
No of new volunteers				5		10		10	
Volunteer hours		204		501		538		576	
No of workshops held per quarter	2	5	2	3	2	2	2	5	8 + 4 fundraising events
Amount money raised for charity from concert	£250	0	£250	£736	£250	0	£250	£460	£1000 <small>There is one more concert to add Held on 18 Sep 2022</small>
No of young people taking up formal training/ qualification		13		14		17		20	No target, just a wonderful bonus to see and be apart of

